

This weekly update is sent to members of the St Lucia Bowling Club. To contribute Club news or general bowls items of interest to Club members, please email them to the Editor, Pamela Miller – pamela.miller1@bigpond.com

CLUB BOWLING NEWS

Patron's Mixed Triples

The first round of this competition was last Wednesday with four games played.

Dicky Ng's team of Anne Kuhnemann and Clive Hamlin had a convincing 32-17 win over Peter Morrill, Rachel Chiang and Lloyd Edwards (S). Dicky's team led throughout with the standouts being a six on end 15 and another on end 18. They will meet Bruce Holwell's team in the second round.

Yo Dodgson, Paul Pollock and Mark Benson (S) had a tighter battle against Joanne Annan, Ken Harvey and Max Grey (S) eventually winning 20-11. The scores were close with no more than three points separating the teams until the 16th end when Mark's team scored five to put them 16-8 ahead. The remaining ends were again very close. Mark's team will meet Tony Burton's team in the next round.

John Stack, Terry Martin and Lois Bradley (S) had a strong performance against Ian Nave, Margaret Miller and Peter Jordan (S) coming out winners 29-15. This really was a game of two halves with the teams locked at 11-11 after 12 ends. Lois's team went on to win all but one of the remaining ends. They will play Pam Salway's team next.

The final game was Ivan Mitchell, Julie Hawley and Fulvio Toniotti (S) taking on Tim Salway, Rijn Camphorst and Robin Town (S). Fulvio's team came out victors 24-15 largely on the back of two 4s in the second half of the game.

As an observation, all the games were very close over the first 10 ends, the biggest margin in any of the games at that point being only three points. The winning teams invariably played better over the second 10 ends, particularly where big scores on one or two ends made an impact.

- Graham Legg, Men's Section Games Manager

Saturday Open Pennant Competitions

Division 2 against Geebung

The Division 2 team notched up its first wind (...whoops, Freudian slip) of the season. Led by an excellent game from Pam Salway, her team of Ken Harvey, Peter Jordan and Darcy Barry romped home 30-14. The four of Col Bertwistle, Peter Fairchild, Tony Burton and Stephen O'Shanassy (S) had a good solid win 24-17 with all players contributing. Our third four of Rachel Chiang, Fulvio Toniotti and Craig Francis (S) tried valiantly to make it three from three but couldn't quite win the last few ends and went down in a close game 15-23. Great to play at home! It just shows how much home ground advantage counts in games. We are at home again this week against Ferny Grove. We all love beating Ferny Grove so hold your breath!

- Stephen O'Shanassy, Team Manager

Division 4 against Geebung

The team of Antony Flint, Brian Vandersee, Robin Town and Lois Bradley (S) were soundly beaten by a better Geebung team. Their home green advantage was significant with a fast green on a very windy and gusty day. Their skip was particularly lethal converting shots with his last bowl on many ends.

While the wind blew off our hats, the line marking and nearly the date stamp from our bowls, Vaughan Thomas, Julie Hawley, Ian Thomas and Pam Richardson (S) again triumphed over Geebung on their home turf. We were ahead from the start and were well 'led' by Vaughan putting his bowl on the jack more often than not! It set the standard and the team followed suit, admittedly at different times and calling for different executions, but with good results nonetheless. Our team was on top from the first end till the last, squeezing out Geebung, 33-13. A great team effort and well done to all.

Enduring the same gusty conditions, Mark Benson's team (Clive Hamlin, Tim Salway and Bruce Holwell) struggled. For the first third of the match, Clive and Tim found it difficult to get near the jack and Bruce grappled with weight. Things improved during the middle third with several good ends with multiple bowls in the head but we were unable to sustain it. Mark rescued several ends but also was troubled by weight when a bowl in the head was needed. Overall, we finished the afternoon 58-74.

- Tim Salway, Team Manager

Division 6 against Gaythorne

SLBC had their first win of the season by the tightest of margins. The team of Joanne and Laurie Annan, Josie Caltabiano and Lloyd Edwards (S) went down 18-28. Max Grey's team of John Stack, Peter Morrill and Rijn Camphorst fought until the very last end when they needed two shots for the win which took the umpire's measure to give us two shots for an exciting victory. SLBC had a 6-1 result.

- John Stack, Team Manager

Midweek Open Pennants

Division 3 against Chermside

After a bye last week, Division 3 had another good win at home against Chermside. Both teams struggled with the extremely windy conditions.

Stephen O'Shanassy's team with Tony Burton, Dicky Ng and Pam Salway were even mid-way through but powered ahead to win 26-16. Pam Richardson's team with Darcy Barry, Peter Fairchild and Rachel Chiang started strongly and, by the 10th end, held a 20-2 lead eventually winning 35-9.

The win secures our team at the top of the Division 3 ladder and continues a great start to the season.

- Peter Fairchild, Team Manager

The Division 4 match this week will take place on Wednesday so read all about it next week.

Women's Consistency Competition

No matches were played this week.

- Linda Bird, Women's Section Games Manager

THE ANNUAL WALTER TAYLOR SHIELD

The annual Walter Taylor Shield match against West Toowong is on Ekka Wednesday 14 August at West Toowong Club. This event will be a two-bowl triples format with seven teams (total of 21 players) over three sets. There will be a notice on the board soon on which SLBC players who are interested in this contest can put their names.

As the Shield will be played at West Toowong, our Club will be running normal social games through the afternoon. Anyone wishing to play at SLBC can register online or by phone as usual. As always, Thursday players are most welcome.

- Robin Town, Bowls Captain



WE NEED YOU!

I am looking for members to host functions. The income we get from external functions makes a critical contribution towards the running costs of our Club. When we have functions at the Club, one of our members acts as 'host'. Their main role is to attend functions and be the point of contact for the client.

The key quality needed is to be a good ambassador for the Club and to make people feel welcome. The number of functions you would host is entirely dependent on your availability. If you are interested, give me a call or catch me at bowls and I can answer any questions you might have.

Anne Kuhnemann, Functions Director - <u>functions@stluciabowls.org</u> - Mobile: 0477 107 594



Do you get nervous when you are competing, especially as part of a team?

"I might let the team down. I played so badly last week. I might make a fool of myself," etc, etc. Where is this anxiety happening?

It's happening between your ears, thanks to your thoughts. So, move away from them.

Drop your FOCUS down from your head to your body, round about heart level at first. If you are waiting your turn to bowl, focus on your breathing. Feel the air going in through your nose and out through your mouth. Very natural and easy but keep your FOCUS on it.

When it's your turn to bowl, feel your weight through your feet. Feel the position of your knees and hips. Feel the bowl in your hand, noticing your grip and its weight. See the information about line and length through your eyes. Feel the movement of your shoulder as you swing back and forward to deliver your bowl. Notice the speed your hand is moving as you release your bowl. This is what determines your length.

Perish those thoughts in your mind! Give your body a go! $\stackrel{\text{eq}}{=}$