

# SLBC NEWS

## 21 September 2022



This weekly update is sent to members of the St Lucia Bowling Club. To contribute Club news or general bowls items of interest to Club members, email them to the Editor, Pamela Miller – [pamela.miller1@bigpond.com](mailto:pamela.miller1@bigpond.com)

## CLUB COMPETITION NEWS

### Men's Section

#### Club Triples

Three matches of the Men's Club Triples Competition were fought out on Saturday.  
V Thomas, K Harvey, M Benson (S) 23 def. VJ Ponnusamy, K Anderton, C Francis (S) 19  
D Phipps, R Malcolm, D Buchbach (S) 21 def. C Bertwistle, R Town, S O'Shanassy (S) 12  
M Lewis, D Ng, W Garnham (S) 15 def. G Legg, L Edwards, B Holwell (S) 12

Surprising results in Round 1 were the losses by 2021 Triples Winners and the Runners Up, seeded 1st and 2nd respectively. Round 2 matches are called for Saturday 24 September.

### Women's Section

No competitions held this week.

## GENERAL NEWS

### Twilight Bowls – Thursday 22 September

This bowls session will go ahead as usual on the Public Holiday. Play begins at 3 pm. Please phone the club between 2-2:30pm to enter your name on the sheet.

### BDBA Proposal on Pennant Competitions for the 2023 Season

At the recent General Meeting of the BDBA, the following was put forward for the various clubs to consult with their members and obtain broad observations:

- That only the First Division level be played by separate men's and women's teams. These would play on Saturdays.
- Mid-week pennants would be played as usual by other divisions of women's teams.
- All levels below First Division would be Open, i.e., mixed teams eligible to play. Matches to be played on Saturdays.

The above is a brief summary. If you wish to find out more details, please contact the SLBC Bowls Captains – Robin Town and Ros Mortensen. They are eager to find out what the general views of our players are to take back the opinions of SLBC members to the BDBA.

### **Fashion Parade**

Such a delightful event attended by nearly eighty people! Everyone was in high spirits (What's not to like about a complimentary glass of bubbly in the morning?) and thoroughly enjoyed viewing the colourful outfits worn by our very own models, gracefully swirling around the room.



The morning tea was delicious and thanks to all those who worked putting the sweet nibbles, sandwiches and scones together and getting them to the decorated tables. In advance of the event, hours were spent in planning and organising so the morning ran smoothly. A great effort from everyone involved! The ladies are to be congratulated on a profit of \$2200.

### **SLBC Library**

The library cupboard in the bar area has been reorganised and members are encouraged to make use of it. Thirteen boxes of books will assist the UQ Alumni Association to provide scholarships through sales at their annual Book Fair. Thanks to Ivan Mitchell for his most welcome help.

### **Mark's Final Thoughts on Completion of First Aid Training**

Mark Benson and Vaughan Thomas are now First Aid and Cardio-Pulmonary Resuscitation (CPR) qualified. This means that we can save your life or take it from you if we get it wrong. It is now routine to occasionally give a patient a mouth-to-mouth puff if one's arms ache from doing a lot of chest compression. We practised on adult and child mannikins which displayed different lights if we were compressing too much or too little, too fast or too slow.

At the end of the practical session, our trainer, who was also the examiner and quite a good-sized fellow, asked if there was anything else he could do to help us. He was a bit surprised when someone asked if we could have him on the floor! He breathed a sigh of relief when we explained to him that we wanted to practise turning an unconscious person lying on his back into the recovery position on his side. Quite easy when you know how!

Remember, if you are unconscious, we can do what we think is necessary to save your life. Maybe the Club will sell badges. Choices could be - "Heart compression and defibrillation only. Nil mouth-to mouth"; or "Double mouth-to mouth, please" or even "Just let me die". 😊 - Mark

### **Sponsor's Corner – Fruity Capers & Deli, Toowong Village**

Fruity Capers has been sponsoring SLBC for many years and their prize gift baskets continue to delight competition and raffle winners at the Club. Not only are their displays of fruit and vegetables a delight to the eyes but the quality is outstanding. Exploring further back in the store, you'll find mouth-watering items in the deli section with many direct from Europe to tempt you into raising your preparation of appetizers and meals to the next level. Treat yourself next time you're at Toowong Village!