

SLBC NEWS



12 November 2025

This weekly update is sent to members of the St Lucia Bowling Club. To contribute Club news or general bowls items of interest to Club members, please email them to the Editor, Pamela Miller – pamela.miller1@bigpond.com



Annual Presentation Night & Christmas Dinner

RSVP by Friday 21 November

Celebrate the end of the year with us at our Annual Presentation Night & Christmas Dinner! Enjoy a festive evening filled with great food, good company and recognition of our Club's achievements.

How to Register

- Go to the Register for Bowls page.
- Scroll down past the bowls days and club competitions.
- Look for the section titled Annual Presentation Night & Christmas Dinner.
- Click the 'Book Here' tab to complete your registration.

Payment

Please make your payment at the bar prior to the event. When paying, ask for a receipt with your name on it to be left at the bar. This is your entry ticket.

Dietary Requirements

Please text Bev King with any dietary requirements on 0417 745 448



LIONS CHRISTMAS CAKES ARE HERE AGAIN!

🎄 **Christmas Treats Now Available at the Club!** 🎄

Get into the festive spirit with our delicious range of Christmas cakes and puddings now available for purchase at the Club. Perfect for gifting or enjoying with loved ones!

Available Items & Prices:

- **1.5kg Christmas Cake – \$20**
- **1kg Christmas Cake – \$16**
- **Individual Cake Slices – \$2**
- **900g Christmas Pudding – \$16**
- **400g Christmas Pudding – \$10**

🌟 **Gluten-Free Options:**

We have a limited number of gluten-free cakes available. These must be ordered directly through **Bev King** – Contact details below.

Ordering & Payment Info:

- **Tuesdays & Thursdays:** Bev King will be at the Club to take orders and payments. She will have an EFTPOS machine available most days.
- **Wednesdays & Saturdays:** Pam Salway will be available to assist with orders and payments. She also has access to EFTPOS most of the time.

☎ **Need to place an order or check stock availability?**

Contact **Bev King** on **0417 745 448**.

Don't miss out – stock is limited and selling fast!

Captain's Corner

DATES FOR DIARY

Coming up during the next month or two:

- **14 November – BDBA Senior Mixed Fours** –The competition will be played at Chermside. SLBC is the defending champion in this event and a team of Warren Garnham, Lois Bradley, Craig Francis and Pam Salway will try to do well once again.
- **15 November - St Lucia Dental Birdie Triples – The** draw and teams are on the website and noticeboard. Play will commence on 15 November.
- **28 November – St Lucia Bowling Club's Annual Presentation Night & Christmas Party.** Save your place to attend by clicking on the button in “Register for Bowls” page of SLBC’s website. Bring your family and friends. \$50 per ticket, pay over the bar and get a receipt.
- **30 November - UBC – Ultimate Bowls Championship** – One Ultimate Week consisting of three events from Moama. Starts 30 November to 5 December 2025. Watch on YouTube. All the favourite players will be taking part – Aron Sherriff, Jack McShane, Alex Marshall and many more.
- **9 January 2026 - World Bowls from Potters Resort UK** - On 9 to 25 January 2026 – See the World Bowls Tour’s 16 top ranked players in action. Watch it on YouTube.
- **31 January 2026 – Merlo Coffee Cup commences.** If you want to be considered for selection to play in this competition which runs until 28 March 2026, place your interest via SLBC’s website “Register for Bowls”.

TIP OF THE DAY

‘Seeing is believing’ (visualisation) - The brain, eyes and ears are there to be used by bowlers who want to be the best they can. Bowlers of all standards need to watch and learn from the best.
(Extract “Winning becomes you in lawn bowls” by Lachlan Tighe)

My humble advice – **Tune into some of the events mentioned above and on the internet to watch and analyse** various aspects of our game:

- ***Deliveries*** – Every person delivers a bowl differently but each professional delivers the same way every time. Hone your delivery for consistency.

Compare what you see from professionals to your own delivery:

- Do I take my time visualising before delivery?
- Where do I stand on the mat?
- Where do I look to get a line?
- Can I minimise body movement when delivering so I can repeat repeat, repeat?
- How big is my step?
- Do I stay low?

- ***Reading the head*** – Often there’s no right or wrong shot but there are various ways to read the head. Watch the professionals, think how you would play into the head, then see what shot the professional plays. You may both be right but the trick is to **determine what is the risk and what is the reward.**

- Pam Salway, Bowls Captain

ST LUCIA DENTAL BIRDIE TRIPLES

The draw for teams is on the Club's website. Click on Members Portal then go to Draws & Team Selections. There will be nine teams playing in this event.

Games start on Saturday 15 November and the competition will run over several weeks. Each week, the Team Manager will select the triples team for the next game and will advise the members of his team if they are playing or not. If you are not available to play, please let your Team Manager know in advance.

This competition is again being generously supported by St Lucia Dental and includes the provision of prizemoney.

Go the Birdies!

– Graham Legg, Games Manager



HAM (Traditional Wood-Smoked)

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|-----------------------|-------------------------|------------|
| • Full Leg bone in | (approx. 9kg - 12kg) | \$20.49/kg |
| • Half Leg bone in | (approx. 4.5kg - 6.5kg) | \$22.49/kg |
| • Easy Carve boneless | (approx. 2kg - 8kg) | \$29.99/kg |

TURKEY

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|-----------------|---------------------|------------|
| • Turkey Whole | (approx. 4kg - 8kg) | \$20.49/kg |
| • Turkey Breast | (approx. 2kg - 4kg) | \$37.99/kg |
| • Turkey Buff | (approx. 4kg - 5kg) | \$16.99/kg |

DUCK & GOOSE

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|---------------|---------------------|------------|
| • Duck Whole | (approx. 1.7kg) | \$18.99/kg |
| • Goose Whole | (approx. 4kg - 5kg) | \$33.99/kg |

PLACE YOUR ORDER (by Dec 19 so you don't miss out)

email: orders@clancyjames.com.au

phone: 3876 0633

CLANCY JAMES
GOURMET BUTCHER